

OSHA TRAINING – NOVEMBER



**10 WAYS TO PREVENT
SLIPS, TRIPS, AND FALLS**



1. Walking Surfaces

Keep walking surfaces clean and free of clutter.

2. Proper Lighting

- Proper lighting inside and outside the workplace helps illuminate areas that might cause employees or patients to trip or fall.
- Steps or other hazards can be hidden by darkness or shadows.



3. Signage

- Use clear, well-placed signage to help call attention to problem areas.
- A sign indicating a step, gap or uneven surface calls attention to the hazard and increase awareness.
- Using reflective tape can also highlight problem areas.



4. Stairways/Handrails

- Do your stairs have handrails? Is the top and bottom stair marked with reflective tape?
- Be sure to keep your stairwells clear, well lit and free from unsecured objects.

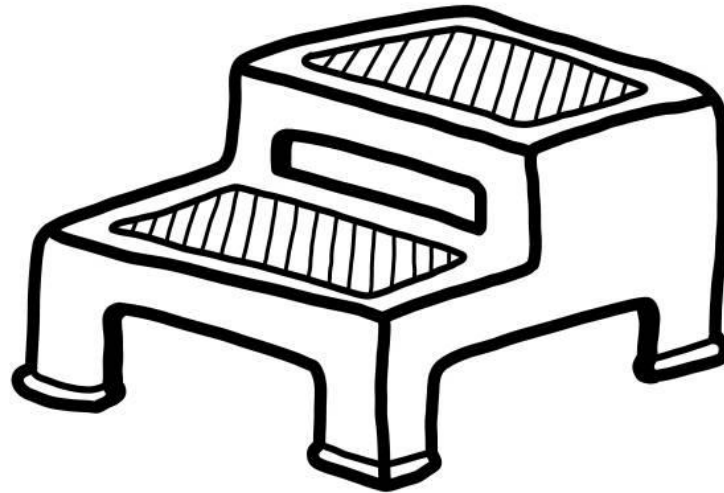


5. Footwear



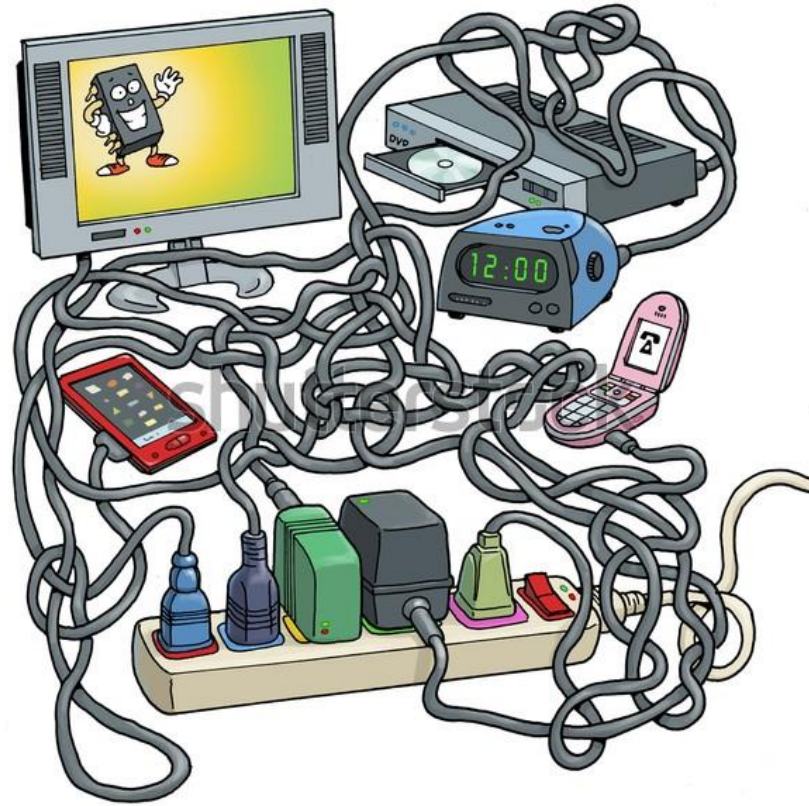
- Footwear should be appropriate for the specific conditions that staff are working in.
- Shoes with proper traction should be required when possible.

6. Step stools



- Providing ladders and accessible step stools can help reduce the chances of a fall by helping employees reach heights safely without using an unstable chair, desk or box.

7. Manage Cords



DON'T DO THIS

8. Floor Condition



- Check floor condition, inside & out.
- Make sure there are no cracks, holes or tears in building flooring or in the pavement outside.
- Report or repair any problem areas immediately and place warning signs in areas that need to be fixed.

9. Non-skid Rugs



- Adding non-skid throw rugs to tile, wood floors or on slippery surfaces can help reduce accident potential.

10. Cleaning Up Spills



- If you have a spill, clean it up immediately.
- When a spill occurs, immediately place warning signs around the hazard and then tackle the cleanup process.