

OSHA TRAINING NOVEMBER



**10 WAYS TO PREVENT
SLIPS, TRIPS AND FALLS**



- **1. Keep walking surfaces clean and free of clutter**



- **2. Lighting**
Proper lighting inside and outside the workplace helps illuminate areas that might cause employees or patients to trip or fall. Steps or other hazards can be hidden by darkness or shadows.

3. Signage



Use clear, well-placed signage to help call attention to problem areas. A sign indicating a step, gap or uneven surface calls attention to the hazard and increase awareness. Using reflective tape can also highlight problem areas.



4. Stairways/Handrails

- Do your stairs have handrails? Is the top and bottom stair marked with reflective tape? Be sure to keep your stairwells clear, well lit and free from unsecured objects.

5. Footwear



- **Footwear should be appropriate for the specific conditions that staff are working in. Shoes with proper traction should be required when possible.**

- 6. Step stools**
- **Providing ladders and accessible step stools can help reduce the chances of a fall by helping employees reach heights safely without using an unstable chair, desk or box.**

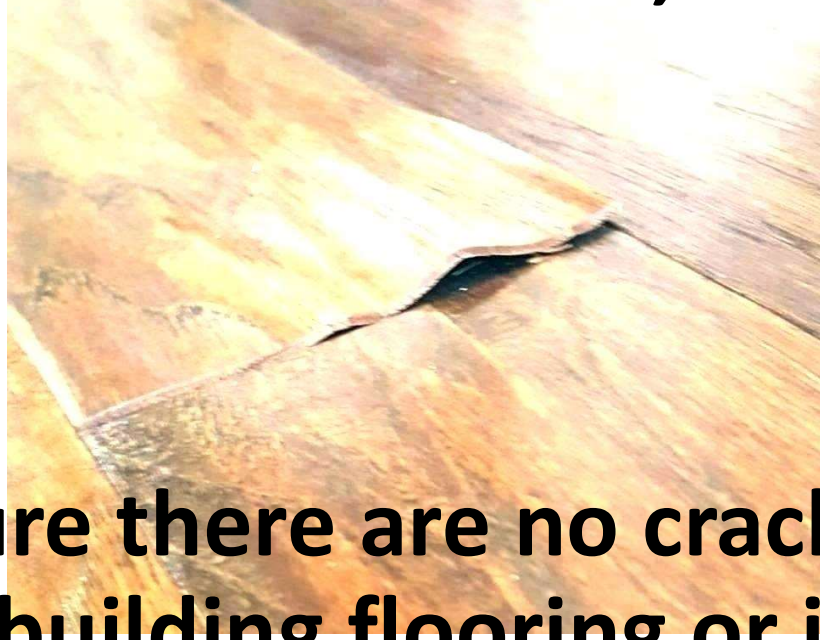


7. Manage cords



DON'T DO THIS

8. Check floor condition, inside & out



- **Make sure there are no cracks, holes or tears in building flooring or in the pavement outside. Report or repair any problem areas immediately and place warning signs in areas that need to be fixed.**

9. Non-skid throw rugs on slippery surfaces



- **Adding non-skid throw rugs to tile or wood floors can help reduce accident potential.**

10. Clean up spills immediately



- If you have a spill, clean it up immediately. When a spill occurs, immediately place warning signs around the hazard and then tackle the cleanup process.